

Schedule subject to change
Please sign in at the desk

JANUARY GYM SCHEDULE

Walkers: 15 Laps = 1 Mile
MaltaParksRec.com

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00-9:00	AM Walk	AM Walk	AM Walk	AM Walk	AM Walk	
9:00-10:00	Open Gym 18+	Open Gym 18+	Open Gym 18+	Open Gym 18+	Open Gym 18+	Family Open Gym Side 1 Only
10:00-11:00	\$ Go Kids \$	Tot Open Gym	Tot Open Gym	Tot Open Gym	Tot Open Gym	Family Open Gym Side 1 Only
11:00-12:00	\$ Go Kids \$	Under Age 12 W/ Adult	Family Open Gym	Family Open Gym	Under Age 12 W/ Adult	Family Open Gym Side 1 Only
12:00-1:00	Lunch Walk	Lunch Walk	Lunch Walk	Lunch Walk	Lunch Walk	
1:00-3:00	Under Age 12 W/ Adult	Open Gym 18+	Open Gym 18+	Open Gym 18+	\$ Go Kids Home School \$ 1-2pm	
3:00-4:15	Family Open Gym	Age 12-17 W/ Signed Waiver	Under Age 12 W/ Adult	Age 12-17 W/ Signed Waiver Until 5:30pm	Family Open Gym	
4:30-6:00	\$ Soccer Classes \$	\$ Minor League Baseball \$	\$ FUN-damental Basketball \$		Age 12-17 W/ Signed Waiver	
6:00-7:00	\$ Soccer Classes \$	Family Open Gym	\$ Dream League Hoops \$	\$ Soccer Rental \$ 5:30pm- 7:30pm	\$ Adult Basketball \$	
7:00-8:00	Open Gym 18+	Open Gym 18+	\$ Soccer Rental \$			

You must bring your own gym appropriate equipment- clean, dry gym shoes are required.

"\$" Indicates fee based classes that you must preregister for. All *open gym* time slots are FREE of charge (unsupervised).

Tot Open Gym: Children 5 and under with supervising adult (bring appropriate gym equipment).

Family Open Gym: Parent/responsible adult and child playing together. Please respect all age groups playing.

\$ Adult Basketball \$: 18+ basketball drop in games- \$4 for resident, \$5 for non resident (Must show ID at front desk when signing in)

All open gym (with the exception of age 12-17 w/ signed waiver) require an adult *inside* the gym

Gym is available for rentals: **ANY ORGANIZED GROUP MUST RENT THE GYM. OPEN GYM IS NOT FOR USE OF FULL COURT**

****One of the most demanding responsibilities in informal sports is observing, controlling and reporting participant conduct and facility use. Since we are not staffed with an individual to monitor the gymnasium, times are broken down by age for risk management purposes. It is recommended to call prior to arriving due to schedule changes. If the gym is empty during any open time, feel free to inquire at the front desk if you may shoot around. It is the discretion of the supervising staff at the time. Typically, they will allow usage of the gym as long*

as it is understood you may be asked to leave if enough participants in that particular age category arrive.***