

OCTOBER GYM SCHEDULE

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00-9:00	AM Walk	AM Walk	AM Walk	AM Walk	AM Walk	
9:00-10:00	OPEN GYM 18+	Tot Open Gym	OPEN GYM 18+	Tot Open Gym	OPEN GYM 18+	FAMILY OPEN GYM Side 1 Only
10:00-11:00	\$ Go Kids \$	Tot Open Gym	OPEN GYM 18+	Tot Open Gym	Tot Open Gym	FAMILY OPEN GYM Side 1 Only
11:00-12:00	\$ Go Kids \$	Under age 12 w/adult	Under age 12 w/adult	Under age 12 w/adult	Under age 12 w/adult	FAMILY OPEN GYM Side 1 Only
12:00-1:00	Lunch Walk	Lunch Walk	Lunch Walk	Lunch Walk	Lunch Walk	
1:00-3:00	OPEN GYM 18+	Tot Open Gym	OPEN GYM 18+	Tot Open Gym	\$ Go Kids Home School \$ 1-2pm	
3:30-4:30	Age 12-17 w/signed waiver	Age 12-17 w/signed waiver	FAMILY OPEN GYM	Age 12-17 w/signed waiver	Under age 12 w/adult	
4:30-5:15	FAMILY OPEN GYM	Age 12-17 w/signed waiver	\$ FUN-damental Basketball \$	Age 12-17 w/signed waiver	FAMILY OPEN GYM	
5:15-6:45	OPEN GYM 18+	Under age 12 w/adult	\$ Dream League Hoops \$	FAMILY OPEN GYM	Adult Basketball \$	
7:00-8:00	\$ CLOSED \$	FAMILY OPEN GYM	\$ CLOSED \$	OPEN GYM 18+	Adult Basketball \$	

\$ Indicates fee based class. Open gym times slots are FREE of charge (not supervised). Schedule subject to change. Sign in at desk.

Tot Open Gym: Children 5 and under with supervising adult (bring appropriate gym equipment). Clean, dry gym shoes required.

Open Gym Adult 18+ : (must show ID at front desk when signing in)- basketball play. No food, drink or gum allowed.

Family Open Gym: parent/responsible adult and child playing together. Please respect the other age groups playing.

You must bring your own gym appropriate equipment. Our equipment is for paying classes only.

www.MaltaParksRec.com

Gym is available for rentals: Please inquire at the front desk, or call 899-4411 (ext 301). Any organized group must rent the gym.

*****One of the most demanding responsibilities in informal sports is observing, controlling and reporting participant conduct and facility use.**

Since we are not staffed with an individual to monitor the gymnasium, times are broken down by age for risk management purposes. It is recommended to call prior to arriving due to schedule changes. If the gym is empty during any open time, feel free to inquire at the front desk if you may shoot around. It is the discretion of the supervising staff at the time. Typically, they will allow usage of the gym as long as it is understood you may be asked to leave if enough participants in that particular age category arrive.***