NOV

GYM SCHEDULE

Walkers: 15 Laps = 1 Mile

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00-9:00	AM Walk	AM Walk	AM Walk	AM Walk	AM Walk	
9:00-10:00	Open Gym 18+	Open Gym 18+	Open Gym 18+	Open Gym 18+	Open Gym 18+	Call for Availability **899-4411**
10:00-11:00	Go Kids $	Tot Open Gym	Tot Open Gym	Tot Open Gym	Tot Open Gym	Go Kids $
11:00-12:00	Go Kids $	Under age 12 w/ adult	Under age 12 w/ adult	Under age 12 w/ adult	Under age 12 w/ adult	Go Kids $
12:00-1:00	Lunch Walk	Lunch Walk	Lunch Walk	Lunch Walk	Lunch Walk	
1:00-3:00	Open Gym 18+	Open Gym 18+	Open Gym 18+	Open Gym 18+	Go Kids Home School Gym 1pm-2pm $	
3:30-5:00	Under age 12 w/ adult	Age 12-17 w/ signed waiver	Under age 12 w/ adult	Age 12-17 w/ signed waiver	Under age 12 w/ adult	
5:00-6:00	Teeny Tennis $	Lil Rockers Soccer $	Bitty Basketball 5-6 $	Rental 5:45-6:45pm	closed for maintenance	
6:00-7:00	Terrific Tennis $	Rockin Soccer $	Bitty Basketball 6-7 $	Rental 7-9pm	Adult Basketball $	
7:00-8:00	Family Open Gym	Rental 7:30-9pm	Bitty Basketball 7-8 $	Rental 7-9pm	Adult Basketball $	

$ Indicates fee based class. Open gym times slots are FREE of charge (not supervised). Schedule subject to change. Sign in at desk.

Tot Open Gym= Children 5 and under with supervising adult (bring appropriate gym equipment). Clean, dry gym shoes required.

Open Gym Adult 18+ = (must show ID at front desk when signing in)- basketball play. No food, drink or gum allowed.

Family Open Gym= parent/responsible adult and child playing together. Please respect the other age groups playing.

You must bring your own gym appropriate equipment. Our equipment is for paying classes only.

Gym is available for rentals: Please inquire at the front desk, or call **899-4411 (ext 301)**. Any organized group must rent the gym.

******One of the most demanding responsibilities in informal sports is observing, controlling and reporting participant conduct and facility use. Since we are not staffed with an individual to monitor the gymnasium, times are broken down by age for risk management purposes. It is recommended to call prior to arriving due to schedule changes. If the gym is empty during any open time, feel free to inquire at the front desk if you may shoot around. It is the discretion of the supervising staff at the time. Typically, they will allow usage of the gym as long as it is understood you may be asked to leave if enough participants in that particular age category arrive.******