

the guide



FOR MALTA RESIDENTS
AND BEYOND
REGISTRATION OPENS AT 8:00AM
AUGUST 15!

FALL 2019

Program Guide for Malta Parks, Recreation & Human Services



*Fall into Fun with
Fitness Classes,
STEM Programs,
& Holiday Baking
and Decor!*



**Malta Department of Parks,
Recreation and Human Services**
1 Bayberry Drive, Malta, NY 12020

OFFICE HOURS

Monday-Friday 8:00am-8:00pm,
Saturday 9:00am-12:00pm
www.MaltaParksRec.com

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RECREATION LEADER

Matt Scoons

The Town of Malta reserves the right to cancel, combine, or divide classes; to change time, date or location of classes; to change instructor assignments; and to make any other changes that may be necessary. If there is an unplanned cancellation of a single class, that class will be rescheduled whenever possible. If it cannot be rescheduled, a prorated refund in a form of a credit will be issued.

Fees/Understanding

Our Class Format:

R | Resident Rate for Town of Malta and Village of Round Lake residents

SRR | Senior Resident Rate for residents ages 60 and up

NR | Non Resident Rate

Welcome!

Dear Friends and Neighbors,

It's hard to believe the summer season passed so quickly. Camp Malta and Summer Recreation had a great turnout, the Summer Concert Series was a success and, of course, The Mary Poppins Theatre production was a hit.

We're excited to share with you the many new programs, classes and special events for all ages. You'll find Stacey Doltz has returned to teach Zumba, MVP Striders Walking Club for adults, Mad Science classes for kids, Music Therapy, Halloween Parade, Holiday Tree Lighting, Pickleball. We have it all.

Come join us at The Malta Community Center this coming season where we have a special event almost every weekend and classes for everyone in your family.



Alyssa Benway

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Put on a lab coat and get ready to slime around ... maybe even meet Professor Beakerdude.

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Mary & Frank Colby of Heart & Soul Line Dancers are back to teach you the steps to having fun!

16 Autumn Walk the Cemetery Tour
Meet the residents of the Malta Ridge Cemetery. Hear stories of how their lives impacted our Town.

17 A Holiday Extravaganza
Start your holiday traditions here with us as we have our first Holiday Tree Lighting. And, of course, there's our Annual Holiday Party where children can visit with Santa, the house decorating contest, Santa's Mailbox and the Holiday Helper Tree. Lots of fun festivities planned!

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BASKETBALL

Inside the Malta Community Center

We welcome **Matt Scoons** as our new **Basketball Recreation Leader** this fall. Matt has a lifelong love of playing and coaching basketball in the local area. He has coached elementary through high school players serving as the assistant coach for Ballston Spa High School JV/Varsity team for four years. Matt is currently a referee for high school basketball and is looking forward to passing on his love of basketball to our Malta youth.

SHOOTING STARS

3.5-5 yrs

Thursdays | 5:15-6:00pm

September 19 to October 24

Code: F195

R: \$56 NR:\$62

November 7 to December 19
(skip November 28)

Code: F196

R: \$56 NR:\$62

JUNIOR HOOPS

6-8 yrs

Thursdays | 6:15-7:00pm

September 19 to October 24

Code: F197

R: \$56 NR:\$62

November 7 to December 19
(skip November 28)

Code: F198

R: \$56 NR:\$62

SOCCER

We are currently seeking a new Soccer Recreation Leader.
Stay tuned for updates this fall.

Go Kids

GO KIDS

Instructor: Adam Feldmen

Go Kids is the Capital Region's only multi-sport and exercise program designed for children 2-6 years. Go Kids teaches preschoolers the fundamentals of seven sports in a social, team-based, non-competitive environment. Go Kids seeks to promote a healthy lifestyle, help develop a lifelong passion for physical activity, increase confidence and prepare children for participation in school and the broader community.

• **Ages: 2-3 years | 10:00-10:45am**

• **Ages 3-6 years | 11:00-11:45am**

Mondays, Sept. 9 to Oct. 21 (skip Oct. 14)

Mondays, Oct. 28 to Dec. 16 (skip Nov. 11)

Saturdays, Sept. 7 to Oct. 26

Saturdays, Nov. 9 to Dec. 21

(skip Nov. 2 & Nov 30)

GO KIDS HOMESCHOOL GYM

Instructor: Emmie Doin

This PE class provides a safe and positive physical education experience for home schooled children. Children of all skill and fitness levels are invited to have fun and keep their bodies moving.

Fridays | 1:15-2:00pm

September 6 to October 18

October 25 to December 20

(skip November 1 & 29)

To register for any of the
Go Kids programs:
www.123gokids.com
or call 518-415-2525

Youth Programs

MAD SCIENCE ★ NEW!

Mad Science encourages a child's love of STEM with fun science activities for children of all ages. Dynamic instructors with professional lesson plans, equipment and materials bring science to life through spectacular demonstrations and exciting hands on activities.



Attend 1 or 2 of the following programs ... or all 4 and SAVE \$5!

SLIME TIME

Ooze into a gooey hour of sliming around. Create slime using the Mad Science recipe and then enter the Slime Olympics. Take home your own concoction of Mad Science Slime.

Grades: K-5

Thursday, September 26 | 5:15-6:15pm

Code: F108

R: \$19 NR: \$23

JUNIOR REACTORS

Create a tiny world of atoms with your very own set of Atomic Coins! Learn to recognize chemical reactions and mix up a few reactive ingredients for some sensational results.

Grades: K-5

Thursday, October 3 | 5:15-6:15pm

Code: F109

R: \$19 NR: \$23

SUPER STICKY STUFF

Stick it to the walls and push the power of tape to the limits in this adhesive hour on "things that cling." Build a bond with glue and get attached to Professor Beakerdude.

Grades: K-5

Thursday, October 10 | 5:15-6:15pm

Code: F110

R: \$19 NR: \$23

THE GLOW SHOW

Discover amazing things that glow bright in the dark and come to light. Probe the properties of light and explore some unusual applications of glow-in-the-dark technology. Use a flashlight to create a glowing science lab card!

Grades: K-5

Thursday, October 17 | 5:15-6:15pm

Code: F111

R: \$19 NR: \$23

MAKIN' MUSIC

Instructor: Barbara Mazurak

Youth Director

A fun music and movement class for children and their siblings to enjoy with a caregiver. This class includes singing, musical instruments, marching and parachute fun with a variety of weekly experiences. Children participate at their own developmental level. The classes will include story time, a craft and concludes with a snack. A parent or responsible adult must attend with the child.

The October 30 class will include a Halloween Party for the children. Costumes are optional. They will have the opportunity to "Trick or Treat" around the Community Center.

18 mos to 4 yrs

Wednesdays | 9:30-10:30am

October 9 to November 20

Code: F112

R: \$59 NR: \$63

STAYING SAFE AT HOME ALONE

Instructor: Jennifer Speenburgh, MS, CWPM

President and Consultant of Well Source Development LLC

When children reach an age and maturity level that parents feel comfortable leaving them at home alone, there are some basic guidelines that will teach them responsibility and keep them safe. This course is geared to provide your child with the knowledge and skills needed to assume personal responsibility and stay safe while at home alone. Participants will learn about following family ground rules such as how to handle phone calls and what to do if a stranger knocks at the door, as well as basic preparedness tips, recognizing emergency situations and how to handle them. Participants will receive a safety training certificate wallet card upon completion.

10-12 yrs

Saturday, October 12 | 9:00-11:30am

Code: F192

R: \$34 NR: \$39

CHILD & BABYSITTING SAFETY TRAINING

Instructor: Jennifer Speenburgh, MS, CWPM

Babysitting is not just "watching" the children, but it is being responsible for their safety and well being. The American Safety & Health Institute "Child & Babysitting Safety" course is geared to provide 11-15-year-olds with the knowledge and skills needed to be an effective babysitter. Topics covered include: decision making and leadership principles, basic care techniques, discipline, safety and safe play.

Participants will also learn and practice basic first aid skills including how to help someone who is choking, how to perform CPR and how to help someone with a sudden illness or injury.

Please bring a lunch.

11-15 yrs

Saturday, October 19 | 9:00am-2:30pm

Code: F193

R: \$42 NR: \$47

Cooking Classes

I'M THE CHEF TOO! COOKING SERIES ★ NEW!

I'm the Chef Too! offers hands on cooking, where children are able to explore their imagination and creativity through educational concepts in the kitchen. Founder and former teacher, Lisa Wallace, combines the love of cooking with learning making the recipes fun, engaging and tasty!

PLAYDATE IN THE PARK

Come spend a morning with your little one for a special playdate at the park! Each week children will create a fun recipe made from scratch and then stay and play at the playground. Recipes include rainbow edible play dough, pumpkin patch cupcakes, rainbow pretzels, and more!

Location: Shenantaha Creek Park

2 yrs & Up

Tuesdays | 10:00-11:15am

September 10 to October 1

Code: F101

R: \$69 NR: \$72

FALL FUN

Get ready to celebrate Fall! Children will get their hands dirty mixing, measuring, cutting and rolling to create delicious recipes from scratch while learning about the season. Recipes include candy apples dipped in chocolate and sprinkled with toppings, pumpkin patch cupcakes, edible cinnamon spiced play dough and more!

Parent participation is optional. If dropping your child off, they must be potty trained.

Please inform the office staff of any food allergies upon registration.

2.5-5 yrs

Tuesdays | 10:00-11:15am

October 8 to October 29

Code: F102

R: \$69 NR: \$72

THE STEAM LAB

Join us as we transform our kitchen into a tinker lab where children are inspired to build like an engineer, question like a scientist, create like an artist, and deduce like a mathematician all through the world of cooking. Recipes include erupting volcano cakes, galaxy donuts, fondant covered cookies and more!

6-10 yrs

Tuesdays | 5:00-6:15pm

November 12 to December 3

Code: F103

R: \$69 NR: \$72

HOLIDAY BAKING

Get ready to celebrate the holidays with I'm the Chef Too! It's time to design, decorate and bake your way through your favorite holiday! Children will create gingerbread cupcakes topped with little gingerbread men, roll out peppermint bark chocolate truffles, whip up snickerdoodle snowmen cookies covered in fondant and more!

Parent participation is optional. If dropping your child off, they must be potty trained.

Please inform the office staff of any food allergies upon registration.

2.5-5 yrs

Mondays | 10:00-11:15am

November 25 to December 23 (skip wk December 2)

Code: F104

R: \$69 NR: \$72

SNOW GLOBE COOKIES

Don't miss out on the chance to join us for an evening of holiday baking! Children will create their own snow globe cookies from scratch and then use a variety of fondant, icing and festive accessories to build their favorite snow globe scenes. Design them with gingerbread men, Frosty, Christmas trees, or any holiday display you choose. Then get ready to make it snow! The hardest decision will be whether to eat or display them!

6-10 yrs

Wednesday, December 18 | 5:00-6:15pm

Code: F105

R: \$24 NR: \$29



Youth Programs

MUSIC SPEAKS ★ NEW!

"We Are the Music Makers", a kids community music group, was designed to offer group music experiences for special learners, their families and caregivers, and their peers. Children and young adults of ALL abilities are welcome and encouraged to participate in this invaluable group experience promoting diversity, understanding, and inclusion for all.

This class is filled with instrument playing, movement, singing and songwriting. Created and run by a Board Certified Music Therapist from Music Speaks, this group will promote socialization, motor skills, communication, language, overall engagement, creativity, listening skills and more!

3-17 yrs

Tuesdays | 4:00-4:40pm
R: \$100 NR: \$100

September 10 to October 8
Code: F148

October 15 to November 12
Code: F149

November 19 to December 17
Code: F150

AFTER SCHOOL DRAMA ACADEMY

Instructor: Elyse Young

Do you have a child interested in theater? Artistic Director Elyse Young is here to teach them acting skills and play theater games in a small group setting. Students will rehearse a short play that will be performed for invited guests on the last day of class. They will be involved in the costume and scenery work too!

6-10 yrs

Tuesdays | 4:30-5:30pm
October 22 to December 10
(skip November 12)
Code: F168
R: \$77 NR: \$85

Dance Classes

Instructor: Roseanne Clavin

Miss Roseanne's dance classes are the most popular classes at our center! Her passion for dance and love for her students is felt right when you walk through the door. If you have a dancer at home, Miss Roseanne's dance classes are a must.

CREATIVE DANCE/ INTRO TO BALLET

Children participate without parents. There is a lobby outside the dance room for parents to wait. Ballet slippers are encouraged but not required.

2.5-3 yrs

Mondays | 4:00-4:30pm
September 9 to December 9
(skip wks October 14 & November 11)
Code: F132
R: \$61 NR: \$66

Wednesdays | 4:00-4:30pm
September 11 to December 4
(skip wk November 27)
Code: F133
R: \$61 NR: \$66

BEGINNING TAP AND BALLET

Class time is split between tap and ballet. No dance experience is necessary. Tap and ballet shoes required.

3.5-4.5 yrs

Mondays | 4:30-5:15pm
September 9 to December 9
(skip wks October 14 & November 11)
Code: F134
R: \$107 NR: \$118

Wednesdays | 4:30-5:15pm
September 11 to December 4
(skip wk November 27)
Code: F135
R: \$107 NR: \$118

INTERMEDIATE TAP AND BALLET

Children must have taken one session of tap/ballet prior to enrolling in this course. Tap and ballet shoes are required.

4.5-6 yrs

Wednesdays | 5:15-6:00pm
September 11 to December 4
(skip wk November 27)
Code: F138
R: \$107 NR: \$118

Proper dance attire, including shoes, is required. There will be a performance at the conclusion of the 12-week session on December 11. Maximum class size is 10-12 students per class.



TAP AND BALLET

This class is for the new dancer and the dancer with some experience. Ballet and tap shoes are required.

6.5-12 yrs

Wednesdays | 6:00-7:00pm
September 11 to December 4
(skip wk November 27)
Code: F139
R: \$119 NR: \$131

HIP HOP BOP

No experience is necessary. Please wear sneakers or soft-soled shoes.

5-6.5 yrs

Mondays | 5:15-6:00pm
September 9 to December 9
(skip wk October 14 & November 11)
Code: F136
R: \$107 NR: \$118

HIP HOP/JAZZ

No experience is necessary. Please wear sneakers or soft-soled shoes.

7-12 yrs

Mondays | 6:00-7:00pm
September 9 to December 9
(skip wk October 14 & November 11)
Code: F137
R: \$119 NR: \$131

Gym Programs

DROP-IN PICKLEBALL

Come and enjoy a fun, recreational game with friends. Limited paddles and balls are provided.

Beginner/Intermediate:

Tuesdays 1:00-4:00pm and
Thursdays 1:00-3:00pm

Advanced: Fridays 9am-12pm

R: \$3 NR: \$4

PICKLEBALL CLINICS

Instructor: Gina Family

Gina has been playing and studying the game of pickleball for several years. She is a Level 1 Certified Instructor by the International Pickleball Teaching Professional Association. Gina enjoys assisting and motivating individuals to learn and improve their skills, discover new techniques and strategies, and achieve their goals in pickleball.

All clinics are 90 minutes with 60 minutes of instruction followed by 30 minutes of play.

Tuesdays, 12:00-1:30pm

R: \$15 NR: \$17

Call Regan at 518-899-4411 for dates and availability

Pickleball 101 — For the beginner with no experience.

This clinic will teach you the skills necessary to begin playing doubles Pickleball.



*Come let Gina teach you
how to play ...
or help you improve
your game!*

Pickleball 102 — Continue to work on your serve and return service. Learn the basic court skills including shot placement, moving with your doubles partner and when to move up to the kitchen.

Prerequisite: Pickleball 101

The Third Shot 101 — Learn how the serving team can get to the net more effectively and neutralize play. This class will give you the skills to execute a third shot drive, lob or drop shot.

Prerequisite: Pickleball 102

Pickleball Groundstrokes 101 — The focus will be on improving the return of service. You will learn the basic steps of the forehand and backhand stroke.

Prerequisite: Pickleball 102 OR already play and fully understand the game.

Dinking 101 — This class will teach you how to dink, control your dink shots and basic dinking footwork.

Prerequisite: The Third Shot 101 or a current intermediate player.

PICKLEBALL PRIVATE LESSONS

Tuesdays, 8:00-9:00am

1-2 people | \$60/hr

3 people | \$66/hr

Call Regan at 518-899-4411 for availability.

GYMNASIUM

Check out the monthly gym schedule at
www.MaltaParksRec.com
for free open gym time

RENTAL RATES:

- \$100/hr for the full gym
- \$55/hour for half

ADULT PICK-UP BASKETBALL

18+ yrs

Fridays, 6:00-8:00pm

R: \$4 NR: \$5

INDOOR WALKING TIME

Join us inside for laps around the gym.

Monday-Friday, 8:00-9:00am and 12:00-1:00pm

FREE

Adult Health & Fitness

Fitness Classes

Instructor: Janice Pastizzo

Janice has been in the health, fitness and wellness field for 40 years! She has a Masters Degree in Health Psychology and is the owner and director of Fit for Life Wellness Center. Janice incorporates fitness and nutrition tips in every class to encourage everyone to develop a healthy lifestyle balance.

Please bring a floor mat, dynaband, foam noodle, small play ball and water bottle to each class.

\$10 drop-ins are allowed for all classes.

20-20-20 CARDIO, STRENGTH AND FLEXIBILITY

It's like getting 3 workouts in one class. Participants will receive 20 minutes of cardiovascular work, 20 minutes of strengthening and 20 minutes of total body stretching.

18+ yrs

Mondays | 9:00-10:00am

SESSION 1: September 9 to October 21 (skip October 14)

Code: F148

R: \$55 NR: \$59 SRR: \$27.50

SESSION 2: October 28 to December 9 (skip November 11)

Code: F149

R: \$55 NR: \$59 SRR: \$27.50

Tuesdays | 9:00-10:00am

SESSION 1: September 10 to October 8

Code: F150

R: \$46 NR: \$50 SRR: \$23

SESSION 2: October 15 to November 12

Code: F151

R: \$46 NR: \$50 SRR: \$23

SESSION 3: November 19 to December 17

Code: F152

R: \$46 NR: \$50 SRR: \$23

Thursdays | 9:00-10:00am

SESSION 1: September 12 to October 10

Code: F153

R: \$46 NR: \$50 SRR: \$23

SESSION 2: October 17 to November 14

Code: F154

R: \$46 NR: \$50 SRR: \$23

SESSION 3: November 21 to December 19 (skip November 28)

Code: F155

R: \$37 NR: \$42 SRR: (Under \$40, no SRR)



GUTS 'N' BUTTS CORE TRAINING

Challenge yourself in this non-aerobic floor workout! Firm and tone your core muscles (abs, buttocks, back, hips and chest) with resistance exercises performed on or with a physioball (large fitness ball) and weights. Physioball and weights are provided.

18+ yrs

Wednesdays | 9:00-10:00am

SESSION 1: September 11 to October 9

Code: F161

R: \$46 NR: \$50 SRR: \$23

SESSION 2: October 16 to November 13

Code: F162

R: \$46 NR: \$50 SRR: \$23

SESSION 3: November 20 to December 18

Code: F163

R: \$46 NR: \$50 SRR: \$23



Register for ...

... **TWO** classes in a session
and receive **TWO FREE**;

... **THREE** classes and receive **THREE FREE**;

... **FOUR** and **FOUR FREE** ... you get the ideal!

See Janice for details. No cash value.

BEGINNER PILATES

Mind-Body Fitness! Perform basic pilates exercises to strengthen and stretch your core muscles while using simple breathing techniques to relax the mind. Exercises can be performed on the floor or in a chair, if necessary. Great class to de-stress, relax, renew and recharge. No experience necessary. You may bring an optional 2, 3 or 5 lb. weighted ball.

18+ yrs

Mondays | 10:05-11:05am

SESSION 1: September 9 to October 21 (skip October 14)

Code: F156

R: \$55 NR: \$59 SRR: \$27.50

SESSION 2: October 28 to December 9 (skip November 11)

Code: F157

R: \$55 NR: \$59 SRR: \$27.50

TOTAL BODY STRETCHING & STRENGTHENING

Stretch and strengthen your body from head to toe using a dynaband, foam noodle and a small play ball. Participants will be seated on a physioball (large fitness ball) for this class. Physioballs provided. For all fitness levels!

18+ yrs

Tuesdays | 10:15-11:15am

SESSION 1: September 10 to October 8

Code: F158

R: \$46 NR: \$50 SRR: \$23

SESSION 2: October 15 to November 12

Code: F159

R: \$46 NR: \$50 SRR: \$23

SESSION 3: November 19 to December 17

Code: F160

R: \$46 NR: \$50 SRR: \$23

R&B SOUL LINE DANCING ★ NEW TIME!

Instructor: Mary Colby

Mary Colby is back to teach her fun and easy to learn choreographed dance routines. Dance experience is not necessary and a partner is not required, but the ability to have fun and make new friends is!

18+ yrs

Wednesdays | 1:00-2:00pm

September 25 to November 13

Code: F143

R: \$72 NR: \$75 SRR: \$36

FIT & FUN

Instructor: Elyse Young

Join us for a workout that will have you laughing and sweating at the same time! Fit & Fun is centered around music that makes you move. You will hear everything from Madonna, Abba and The Beach Boys to Jason Moraz and Santana. Let this fun program be your next step toward healthy living.

14+ yrs

SESSION 1: Tuesdays | 6:00-7:00pm

September 10 to October 8

Code: F190

R: \$45 NR: \$49 SRR: \$22.50

SESSION 2: Tuesdays | 6:00-7:00pm

October 22 to November 26 (skip November 12)

Code: F191

R: \$45 NR: \$49 SRR: \$22.50

NEW MVP STRIDERS CLUB AT MALTA COMMUNITY PARK ★ FREE!

Instructor: Maria Migliori

Medicare Community Health Educator

Make a date with fitness and walk your way to wellness. Each class will have you moving through strength and balance exercises followed by a walk. All fitness levels are welcome and everyone walks at their own pace. Come join us and connect with people who enjoy being active like you. All participants will receive an MVP Striders walking kit, including a t-shirt and pedometer.

18+ yrs

Meet in Pavilion A at Malta Community Park

Rain or Shine

Tuesdays | 9:00-10:00am

September 17 to October 22

Code: F183

Yoga Classes

MORNING YOGA CLASSES WITH ANTOINETTE DIMASCIO – E-RYT 500

Antoinette is an experienced and passionate Yoga teacher who loves to teach and share the wisdom that has been passed down to her. She is trained in the Classical Hatha Sri Vidya Tradition of the Himalayan Masters. Her style of teaching is energetic and compassionate, with a calm wisdom to make all her students feel comfortable and well supported.

All levels of practitioners are welcome in our morning yoga classes. Participants must be able to get up off the floor unassisted except for the chair yoga class. Maximum class size is 12 participants. If class minimums are met drops-ins are allowed at \$15. Please bring a yoga mat and blanket.



THERAPEUTIC YOGA FOR REAL LIFE

This class is a wonderful way to experience Yoga as medicine. Join Antoinette and explore, through gentle breath and movement, ways to assist in life's challenges: stress, pain, anxiety, anger, relief of muscular and skeletal discomfort. Reclining poses using bolster props, and blankets are also taught. This class is great for anyone who is overcoming physical or emotional traumas, or is looking for a way to relax and integrate yoga into their over-all wellness plan for daily living.

16+ yrs

Mondays | 8:15-9:15am

SESSION 1: September 9 to October 21 (skip October 14)

Code: F115

R: \$72 NR: \$77 SRR: \$36

SESSION 2: November 4 to December 16 (skip November 11)

Code: F119

R: \$72 NR: \$77 SRR: \$36

GENTLE YOGA BLISS (HOLY SHIFT!)

This class is a fun and lively way to practice Yoga. Join Antoinette as she teaches Yoga philosophy, and guides you through simple and results driven Yoga postures, deep stretching, and breath techniques and meditation to use on and off your mat. Experience muscle relaxation and strengthening, relief from tight joints and stiffness, and over all better and positive shift in your life. Let's make a shift for the better!

16+ yrs

Tuesdays | 8:15-9:15am

SESSION 1: September 10 to October 15

Code: F116

R: \$72 NR: \$77 SRR: \$36

SESSION 2: November 5 to December 10

Code: F120

R: \$72 NR: \$77 SRR: \$36

CLASSICAL HATHA YOGA FOR LIFE

Make Friday mornings your best time of the week! Get energized and build strength and flexibility, tone muscles, and experience overall wellbeing on and off your mat. Lively sequences and fun music create the stage for getting fit and shifting your mind, body and spirit. Learn breath and meditation techniques to assist in a positive direction and focus for your life.

16+ yrs

Fridays | 8:30-9:30am

SESSION 1: September 13 to October 18

Code: F118

R: \$72 NR: \$77 SRR: \$36

SESSION 2: November 1 to December 13 (skip November 29)

Code: F122

R: \$72 NRR: \$77 SRR: \$36

THERAPEUTIC CHAIR WITH FLAIR YOGA

An upbeat and effective way to practice chair yoga. This class will assist in better strength, movement, ease of joint inflammation and pain, and over all better flexibility to keep you moving. Breath work and meditation will assist in becoming more aware of your healing. Great for anyone wanting to practice yoga, but needs support in balance or assistance in movement with the use of a stable chair.

Must be able to get up from a chair unassisted.

16+ yrs

Wednesdays | 9:30-10:30am

SESSION 1: September 11 to October 16

Code: F117

R: \$72 NR: \$77 SRR: \$36

SESSION 2: October 30 to December 11 (skip November 27)

Code: F121

R: \$72 NRR: \$77 SRR: \$36

Zumba!®

EVENING CLASSES WITH JULIE LINDENBAUM

Julie is trained in Yogafit, Restorative Yoga and beginning to advanced Vinyasa, as well as, senior and pre/postnatal yoga. She has earned her CYT200 Yoga Alliance certification. Julie loves showing others the value of practicing yoga. Her favorite part of being an instructor is when students tell her the benefits they have received from it.

Evening yoga classes are open to all participants with the ability to move among reclined, seated, kneeling and standing positions unassisted. Maximum class size is 12 participants. Please bring a yoga mat.

BEGINNING YOGA

Are you new to yoga? Have some yoga experience and would like to continue seeking knowledge of basic yoga poses? Julie will provide participants with step-by-step verbal descriptions and demonstrations of each pose. Come and explore the mind body connection and the relaxation that results from it. Young teens may enroll with a parent.

16+ yrs

Wednesdays | 5:20-6:20pm

SESSION 1: September 4 to October 9

Code: F184

R: \$72 NR: \$77 SRR: \$36

SESSION 2: October 23 to December 4 (skip November 27)

Code: F185

R: \$72 NR: \$77 SRR: \$36

YOGA FLOW

This class will build upon the skills learned in Beginning Yoga. Some yoga experience is required but not necessary. Greater balance and strength is acquired as you use your breath to move through the yoga poses. Young teens may enroll with a parent.

16+ yrs

Wednesdays | 6:30-7:30pm

SESSION 1: September 4 to October 9

Code: F186

R: \$72 NR: \$77 SRR: \$36

SESSION 2: October 23 to December 4 (skip November 27)

Code: F187

R: \$72 NR: \$77 SRR: \$36

It's always fun when Bernadette is around. That's what makes her the perfect Zumba instructor. Bernadette is a certified Zumba instructor with years of teaching experience. Bernadette develops a personal relationship with her participants that makes everyone feel comfortable to let loose and have fun while exercising.

ZUMBA GOLD TONING®

Instructor: Bernadette Knight

It's Zumba Gold® with light weights! Participants will get a great cardiovascular workout from the dancing and resistance training by incorporating light weights. Take Zumba Gold to the next level!

18+ yrs

Tuesdays | 10:30-11:30am

SESSION 1: September 3 to November 5 (skip October 15)

Code: F164

R: \$84 NR: \$89 SRR: \$42

SESSION 2: November 26 to January 7 (skip December 24)

Code: F165

R: \$56 NR: \$59 SRR: \$28

\$10 drop-ins allowed after minimum is met.

ZUMBA GOLD®

Instructor: Bernadette Knight

Would you like to have fun while burning calories? Zumba Gold does just that! You will leave feeling invigorated after this dance fitness class. Modified, low impact moves are provided for active older adults.

18+ yrs

Thursdays | 10:30-11:30am

SESSION 1: September 5 to November 7 (skip October 17)

Code: F166

R: \$84 NR: \$89 SRR: \$42

SESSION 2: December 5 to January 9 (skip December 26)

Code: F167

R: \$46 NR: \$49 SRR: \$23

\$10 drop-ins allowed after minimum is met.

ZUMBA FITNESS ★ NEW EVENING CLASS!

Instructor: Stacey Doltz

Stacey is back with her contagious energy and high spirit! Take the "work" out of workout with Stacey on Thursday evenings! Zumba Fitness classes are often called "exercise in disguise." A total body workout, combining all elements of fitness including cardio, muscle conditioning, balance and flexibility. Not to mention, boosted energy and a serious dose of happiness when you leave! A combination of low and high intensity moves set to electrifying Latin and World rhythms makes for a calorie burning dance fitness party!

Ages: 16+

Thursdays | 5:30-6:30pm

SESSION 1: September 5 to October 24

Code: F113

R: \$75 NR: \$79 SRR: \$37.50

SESSION 2: November 7 to December 19 (skip November 28)

Code: F114

R: \$56 NRR: \$59 SRR: \$28

Adult Programs

ADULT BEGINNER TAP

Instructor: Roseanne Clavin

Get on your feet and make some noise! This beginner level class is for adults who have never taken tap or want to brush the dust off their tap shoes and start from scratch again. Have fun learning basic tap steps and combinations while keeping rhythm to the music. You will feel so proud when you complete the session tapping to a choreographed tap dance. Tap shoes are not required for the first class.

18+ yrs

Mondays | 7:00-8:00pm

September 9 to December 9 (skip October 14 & November 11)

Code: F140

R: \$139 NR: \$153 SRR: \$69.50

ADULT PERFORMANCE JAZZ

Instructor: Roseanne Clavin

Performance Jazz contains a blend of several styles of popular street dance styles, hip hop and jazz. Learn to move to the beat with energy, rhythm and style. No prior dance experience necessary, just the desire to do something fun for yourself and meet new friends! Please wear soft soled shoes or sneakers.

18+ yrs

Wednesdays | 7:00-8:00pm

September 11 to December 4 (skip November 27)

Code: F141

R: \$139 NR: \$153 SRR: \$69.50

BEGINNER DANCE LESSON ★ *FREE!*

Instructor: Aaron Romano

Owner of Spa City Swingers

13+ yrs

Friday, September 6

7:00-8:00pm

Code: F175

BEGINNER SWING & PARTNER DANCING

Instructor: Aaron Romano

Do you have a wedding, or other fun event to attend? Or maybe you just want to try something new and exciting? We will get you ready to show off some slick new dance moves no matter the music or occasion. Our unique style of swing dance is EASY and FUN to learn. Versatile enough for ALL styles of music and events. The perfect class for anyone who wants to get comfortable on the dance floor and wow their friends! No partner necessary. Drop ins welcome.

13+ yrs

SESSION 1: Fridays | 6:30-7:30pm

September 13 to October 25

Code: F176

R: \$70 NR: \$77 SRR: \$35

SESSION 2: Fridays | 6:30-7:30pm

November 8 to December 27 (skip November 29)

Code: F177

R: \$70 NR: \$77 SRR: \$35

\$15 drop-ins accepted after minimum is met.



CONTINUING SWING

Instructor: Aaron Romano

After you've mastered the basics it's time for Continuing Swing. This class will transform your dancing with new moves and dynamic sequences. Perfect for the intermediate to advanced swing dancer. No partner necessary. Drop ins welcome.

13+ yrs

SESSION 1: Fridays | 7:30-8:30pm

September 13 to October 25

Code: F178

R: \$70 NR: \$77 SRR: \$35

SESSION 2: Fridays | 7:30-8:30pm

November 8 to December 27 (skip November 29)

Code: F179

R: \$70 NR: \$77 SRR: \$35

GOLF FOR BEGINNERS TO INTERMEDIATES

Instructor: Charles Veeder

Improve your golf swing with G.A.S....Grip, Alignment and Stance. Basic drills and innovative equipment will help you gain a solid swing foundation with proper posture. Golf clubs provided if needed.

16+ yrs

Thursdays | 6:00-7:30pm

September 12 to October 10

Code: F180

R: \$63 NR: \$69

ONE-ON-ONE GOLF INSTRUCTION

Instructor: Charles Veeder

Lessons will cover all aspects of the game. All skill levels welcome. Clubs provided if needed. Please call the Community Center for availability.

16+ yrs

Wednesdays | 1-hour appointments between 4-8pm

September 11 to October 30

Code: F181

R: \$31 NR: \$36

TAI CHI RULER

Instructor: Anthony Grimaldi

Come experience for yourself all the benefits Tai Chi has to offer. Participants will notice a heightened concentration, reduced stress, increased overall energy flow and normalized blood pressure. Physically, a Tai Chi practice can lead to a healthier spine, increased leg strength and more functional articulation in all joints.

18+ yrs

Mondays | 6:30-7:30pm

September 16 to October 28 (skip October 14)

Code: F130

R: \$59 NR: \$63 SRR: \$29.50

YANG TAI CHI 10 FORM

Instructor: Anthony Grimaldi

Simple to follow and easy to learn, this is a great beginner class for students with no tai chi experience. Come experience 'meditation in motion' and leave class with a healthier body and calm mind.

18+ yrs

Thursdays | 9:00-10:00am

September 5 to October 10

Code: F131

R: \$59 NR: \$63 SRR: \$29.50

THANKSGIVING PIES

Instructor: Chris Levy

Apple pie from scratch! Just in time for Thanksgiving! Participants will each make their own pie crust and filling to take home and bake in this hands on cooking class. You will learn pie baking skills, including how to make a flaky crust, blind baking, decorative crust techniques, selecting the right fruit, preparing fruit, freezing and baking. You'll never want to eat a store bought pie again after having your own delicious homemade apple pie!

13+ yrs

Thursday, November 14

5:30-8:00pm

Code: F173

R: \$29 NR: \$34

HOLIDAY COOKIE BAKING

Instructor: Chris Levy

Tis the season to bake cookies! Participants will learn how to make an impressive and delicious assortment of cookies from scratch, including Linzer, rugelach, shortbread and checkerboard cookies. Great class for beginners and experienced bakers. Each student will take home 1-2 dozen cookies.

13+ yrs

Wednesday, December 4

5:30-8:00pm

Code: F174

R: \$29 NR: \$34

PAINT 'N' SHARE

No instructor

Join us for this social program which provides a unique opportunity to work independently in the company of other artists. Bring your own supplies and get ready to create. No formal instruction is provided.

18+ yrs

Tuesdays | 9:30-11:30am

SESSION 1: September 10 to October 29

Code: F144

R: \$24 NR: \$29

SESSION 2: November 5 to December 17

Code: F145

R: \$21 NRR: \$25

Drop-ins are welcome R: \$5 | NR:\$6

INTRODUCTION TO WATERCOLOR

Instructor: Kevin Kuhne

Kevin is an accomplished, award-winning watercolorist with a degree in Art Education. He has been teaching for over 40 years.

Although this is an "introduction" class, this course is not just aimed at the beginner with no experience. Kevin will also guide the intermediate student who is looking to polish their skills. He will assist you in overcoming your fears so you can go with your artistic flow. Please obtain a supply list upon registration.

16+ yrs

Wednesdays | 11:15am-1:15pm

September 18 to October 30 (skip October 9)

Code: F142

R: \$84 NR: \$89 SRR: \$64

DRAWING CLASSES

Instructor: Theresa Busso

Add new mediums to your drawing repertoire with Pen & Ink and Pastels. Learn the techniques used to create beautiful works of art with these drawing media.

Pen & Ink

16+ yrs

Mondays | 12:15-2:15pm

September 9 to October 21 (skip October 14)

Code: F188

R: \$54 NR: \$59 SRR: \$44

Pastels

16+ yrs

Mondays | 12:15-2:15pm

November 4 to December 16 (skip November 11)

Code: F189

R: \$54 NR: \$59 SRR: \$44

Adult Programs

CREATE A SUCCULENT CONTAINER & KOKEDAMA ★NEW!

Instructor: Suzanne Balet-Haight
Balet Flowers

Plant a creative succulent container full of fun textures that will add greenery and interest to any room. Participants will also create a Kokedama, a Japanese term meaning "moss ball", to hang indoors or out. All materials will be supplied. Please bring gardening gloves.

Tuesday, October 22
6:00-8:30pm
Code: F194
R: \$50 NR: \$55

PUMPKIN CENTERPIECE DESIGN

Instructor: Denise Rutledge

Easy to do, creative and fun! A pumpkin container, styrofoam block, floral tape and assorted fillers and silk flowers will be supplied. Please bring any other flowers or adornments you like.

16+ yrs
Thursday, November 21
6:00-7:00pm
Code: F182
R: \$22 NR: \$24

DEFENSIVE DRIVING

Instructor: Howard Litwak

State law requires insurance companies to provide a 10% discount on your premium for three years and reduce 4 points off your DMV record after completing this 6-hour course. This course is certified by the Empire Safety Council and is NYS DMV approved. No tests required. Drivers must have a NYS driver license or permit.

16+ yrs
Saturday, September 7 | 9:00am-3:00pm
Code: F126
R: \$34 NR: \$39 SRR \$29

Saturday, October 12 | 9:00am-3:00pm
Code: F127
R: \$34 NR: \$39 SRR: \$29

Saturday, November 23 | 9:00am-3:00pm
Code: F128
R: \$34 NR: \$39 SRR: \$29

Saturday, December 14 | 9:00am-3:00pm
Code: F129
R: \$34 NR: \$39 SRR: \$29

DOG TRAINING CLASSES

Instructor: Sharon Gillis

Is your dog hyper? Does he come when he's called? Would you like him to? Dogs/puppies will learn commands such as: Come, Sit, Down, Stay, Leave it, No Jumping and to walk on a loose leash. Treats will be used along with a leash to guide the puppy/dog into proper positions.

Please bring a 6-foot cotton or leather leash and small soft treats to class. Any dogs over 6 months must be spayed or neutered. Vaccination record and general liability agreement must be submitted before the first class.

PUPPY CLASS:

Puppies must be 3 months to 5 months old. Issues such as nipping, house training and other concerns will be addressed.

18+ yrs
Thursdays | 5:00-6:00pm
September 5 to October 10
Code: F106
R: \$49 NR: \$54 SRR: \$24.50

BASIC CLASS:

This class is for dogs 5 months and older. Please bring to the instructor's attention any issues you are having with your dog. No dogs in heat are allowed in class. Any dogs showing signs of aggression toward other dogs or people are not allowed in class, but strongly encouraged to schedule a private lesson.

18+ yrs
Thursdays | 6:00-7:00pm
September 5 to October 10
Code: F107
R: \$49 NR: \$54 SRR: \$24.50

CERT TRAINING ★FREE!

Community Emergency Response Team (CERT) Training program gives you the basic training designed to help protect yourself, your family and neighbors in an emergency situation. Learn CPR, basic first aid, search and rescue and fire suppressions. You will have an opportunity to join the Town of Malta's Community Response Team at the end of the program.

18+
Malta Residents only
Tuesdays | 6:30-9:30pm
September 24 to November 5
FREE

5 EASY WAYS TO REGISTER:



ONLINE
www.MaltaParksRec.com



WALK IN
Malta Community Center
1 Bayberry Drive



MAIL IN
Malta Community Center
1 Bayberry Drive
Malta NY 12020



FAX
518-899-4448
Completed application with
credit card information



DROP BOX
Located next to front entrance
doors on the parking lot side of
the Malta Community Center

CLASS REGISTRATION FORM

TOWN OF MALTA | (518) 899-4411

1. ADULT PARTICIPANT OR PARENT/GUARDIAN INFORMATION

_____ / ____ / ____
Last Name First Name D.O.B.

_____ City State Zip Malta Resident Yes No
Address

(____) _____ (____) _____
Home Phone Cell Phone

_____ (____) _____
Email Address Emergency Contact Name Phone

2. READ & SIGN THE WAIVER

Upon payment and/or participating in this activity, I agree to indemnify and hold harmless the Town of Malta Parks & Recreation Dept., The Town of Malta, its employees, personnel, independent contractors and volunteers from any and all liability for injuries or damages which may arise as a result of participating in this activity. I assume all risks and hazards incidental to participation on behalf of myself or my child. I recognize the difficulties and challenges that may be involved in participating in this activity and I or my child are physically and mentally fit to participate and have not been advised otherwise by a physician. Although the Town of Malta endeavors to provide nut-free programs, I understand that the Town cannot guarantee that the program or the premises in which it is held is totally free of exposure to nuts and nut products. I also understand that I am responsible to determine whether it is safe for my child to participate in this program and assume the risk by enrolling my child in the program. I do hereby waive, relinquish,

release, discharge, and hold harmless from any and all liability, for any physical or mental injury or aggravation of any pre-existing illness, handicap, death, loss of enjoyment, exposure to nut products or any other harm or loss of nature which may be sustained by me or my child while participating in this activity.

The Town of Malta photographs and videotapes program participants. By registering for a program or involvement with an activity/event, the participant consents to use by the Town of her/his likeness in Town promotions and other uses.

I further agree that the Town of Malta Recreation personnel or class instructor may act in an emergency as best fits the situation in the event my emergency contact cannot be reached. I am aware that the sponsoring organization does not carry medical insurance for participants.

_____ Signature of Participant or Parent/Guardian _____ Date

3. TELL US WHAT YOU ARE REGISTERING FOR

Participant's Name (First, Last)	Grade	Birth Date	Sex M/F	Code	Program Name	Fee

4. COMPLETE PAYMENT METHOD

TOTAL AMOUNT DUE: \$ _____ Cash Check # _____ (Make checks payable to: Town of Malta)

Cardholder Name: _____ Authorized Signature: _____

Credit Card Number: _____ Exp. Date: _____ CVC Code: _____
 Visa MasterCard Discover (Card Verification code)

5. LET US KNOW OF ANY SPECIAL NEEDS

We welcome individuals with disabilities. Please describe any accommodations needed for successful inclusion in the program(s):

6. RETURN

By Mail: Class Registration, Malta Community Center
1 Bayberry Drive
Malta, NY 12020

By Fax: 518-899-4448
(Credit cards only)

Refund Policy: Requests for a check refund or customer credit must be made a full week prior to the start of class. There is a \$10 service charge for each activity refund although there is no service charge for accepting a customer credit on your MaltaParksRec.com account. There are no refunds for missed classes. Only amounts greater than \$10 are refundable via check. For refund requests under \$10, money will be applied to your MaltaParksRec.com customer account.

Returned Checks: \$20 service charge for all returned checks

Human Services

FOOD PANTRY

Community members in need can come in to the Community Center (1 Bayberry Drive, Malta) during business hours to request a bag of non-perishable food. Call 518-899-4411 for more information.

Hours: 8:00am-8:00pm, Monday-Friday
9:00am-12:00pm, Saturday

Senior Services

FREE CARD-PLAYING GROUPS

Join us for a fun, social game of cards. All skill levels are welcome.

- | | |
|------------------------------|-----------------------------|
| • Canasta | • Bridge |
| Mondays and Fridays
1-4pm | Thursdays
11:30am-3:30pm |

DINING

Hot lunches are served at noon Monday through Friday at the Community Center. Reservations must be made by noon the day before by calling the Saratoga County Office of the Aging, 518-884-4100.

LEGAL SERVICES

Meet with a private attorney at the Malta Community Center on September 12, October 10, November 14, or December 12. Call the Saratoga County Office of the Aging at 518-884-4100 to set up your appointment.

Announcements

AUDITIONS

Malta's Spotlighter Theatre Troupe will hold auditions for the November performance of a Mystery Dinner Theater. Auditions will take place on Monday, September 9 and Wednesday, September 11, by appointment only. Contact Elyse Young at theater@malta-town.org or 518-899-4411 ex. 305

VENDOR OPPORTUNITIES

- Vendors of art and handmade merchandise are invited to apply to the juried Malta Community Center Arts, Crafts and Gift Fair held on November 2. Vendors of non-handmade merchandise will be considered on a case-by-case basis. Contact Holly Kane at hkane@malta-town.org or 518-899-4411 ex. 301
- Businesses, non-profits and food vendors are encouraged to participate in Malta Community Day on Saturday, September 7. Booths under our main tent are available, please contact the Malta Community Center at 518-899-4411
- Food truck and food vendors are invited to participate in the Malta Cultural Arts Festival on Saturday, October 5. Contact Elyse Young at theater@malta-town.org or 518-899-4411 ext. 305

VOLUNTEER

Looking to lend a hand? We have volunteer opportunities for our special events. Please contact the Malta Community Center at 518-899-4411.

September Special Events

Riches or Rubbish?

ANTIQUÉ APPRAISAL SHOW



Mark Lawson of Mark Lawson Antiques and a sponsor of the Antiques Road Show will be appraising 40 antiques and items of interest. In addition to giving appraisals Mark will share information about each piece's history, the world of antique appraising, interesting antiques he has seen in his career and answering questions from the audience.

Saturday, September 14

10:00am-12:00pm

Appraisal Fee per Item:
R: \$16 NR: \$18

FREE Admission to watch the show!

Register by August 31

Dancing through the Decades

Dance the night away with music from the '40s thru today!

Our dance instructor, **Roseanne Clavin**, will get the party started by leading popular dances from every generation!

Come dressed in your favorite era!
(encouraged but not required)

★ DANCE CONTESTS ★

★ COSTUME CONTESTS ★

★ GROUP DANCES ★

★ REFRESHMENTS ★

Saturday, September 28

For 18+

6:00-9:00pm

R: \$5 NR: \$6

*Sponsored by a grant from
GLOBALFOUNDRIES/Town of Malta Foundation*



1st Annual Malta Cultural Arts Festival

Featuring The Asian Cultural Chinese Dance Troupe and Alex Torres & His Latin Orchestra

Saturday, October 5

11:00am-5:00pm

FREE

The Asian Cultural Chinese Dance Troupe will lead dance workshops and perform traditional, authentic Chinese dances, with beautiful costumes and music. Alex Torres & His Latin Orchestra will lead percussion workshops and perform their original blend of Afro-Caribbean rhythms such as Salsa, Merengue, Cha-cha, Bomba and Latin Jazz.

Event will also include:

- Acting workshops
- Malta Spotlighter's Theatre Troupe performance
- Storytelling workshops
- Visual arts displays
- Food vendors

SARATOGA ARTS
experience · discover · create

Saratoga Arts made this program possible with a Community Arts Grant funded by the New York State Council on the Arts with the support of Governor Andrew M. Cuomo and the New York State Legislature.

Autumn WALK the CEMETERY TOUR

Roy Arnold of the Dunning Street Rural Cemetery Association, Malta Town Historian, Paul Perreault and members of the Spotlighter's Theatre Troupe will bring to life the stories of several of our community ancestors in their final resting spot.

**Malta Ridge Cemetery
Saturday, October 12**

Tour Times: 3:00pm & 4:00pm

12 years to Adult (Children under 16 must attend with an adult)

R: \$10 NR: \$12



Family Fun Halloween Costume Parade

Trick or Treat at candy stations as you make your way from Malta Town Hall to the Malta Community Center. Refreshments and a Halloween themed craft project to follow at the Malta Community Center.

Saturday, October 19

1:30pm

R: \$2 NR:\$4

**DON'T
WAIT TO
REGISTER!**

This event fills quickly and will sell out, register early!

*Sponsored by a grant from
GLOBALFOUNDRIES/Town of Malta Foundation*

November Special Events

December Special Events

Malta Community Center

Arts, Crafts and Gift Fair



Start your holiday shopping with us!

Saturday, November 2

9:00-3:00pm

70+ vendors, Good Food, Great Shopping

FREE ADMISSION!



Spotlighter's Theatre Troupe presents:

MYSTERY DINNER THEATER

This production includes a cast of interesting characters, audience interaction, good food and lots of fun. Will you be able to solve the crime before it is revealed?

Saturday, November 16

Dinner: 6:00pm | Show: 7:00pm

Sunday, November 17

Dinner: 2:00pm | Show: 3:00pm

Tickets (including dinner, dessert and show)

- \$20 Seniors/children under 10
- \$25 Adults
- \$160 Full Table, 8 seats

Register at the Malta Community Center for seat selection.



DECORATE FOR THE HOLIDAYS CONTEST

Get into the holiday spirit by entering your own house, a neighbor or a local business.

Winners will receive a \$25 Visa Gift Card and a yard sign for bragging rights!

Entries will be judged in four categories:

★ MARVELOUSLY SIMPLE ★

BEST USE OF MINIMAL DECORATIONS

★ LIGHT BRILLIANTLY ★

BEST USE OF LIGHTS

★ UNIQUELY HOLIDAY ★

MOST UNIQUE DISPLAY

★ TOP OF THE TREE ★

BEST OVERALL

Only open to Malta residents and Malta businesses.

Entry forms at the Malta Community Center or

MaltaParksRec.com. Register by December 12.

FREE!

NEW!

Holiday Tree Lighting

Kick off the holiday season with us as we light the big tree on the lawn of the Malta Community Center. Warm up inside with holiday entertainment and refreshments.

Friday, December 6
6:00pm



ANNUAL MALTA HOLIDAY PARTY

Join us for this fun, festive event where children will decorate a gingerbread house, visit with Santa, sing along to holiday songs and create their own ice cream sundae.

Sunday, December 8

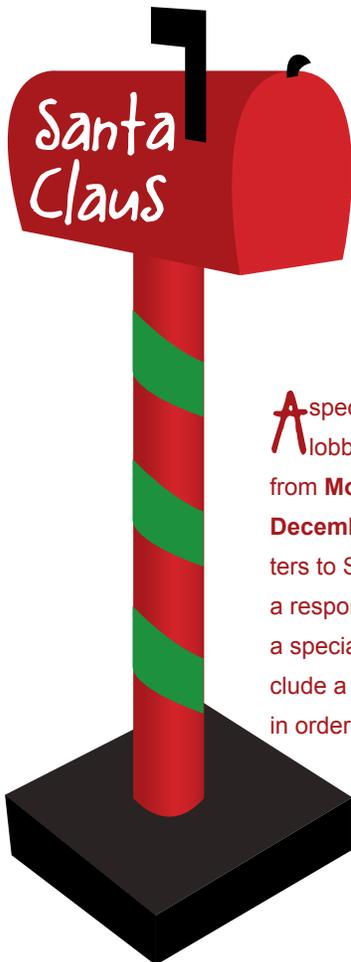
Two sessions:
12:30-2:00pm
2:30-4:00pm

R:\$3 NR: \$6

REGISTER EARLY!

This event fills quickly and will sell out!

Event sponsored in part by a grant from the GLOBALFOUNDRIES/Town of Malta Foundation



Santa's Mailbox

A special mailbox will be installed in the lobby of the Malta Community Center from **Monday, December 2 to Friday, December 13** for children to mail their letters to Santa Claus. Children will receive a response back from the jolly old elf and a special Santa picture to color. Please include a self-addressed legal size envelope in order to receive an answer from Santa.

Holiday Helper Tree

Come pick an ornament off our tree and help fulfill a local child's holiday wishes. Last year our community generously donated over 250 gifts to 27 local children in need and we are inviting you to help us in this endeavor again. Ornaments will be out starting November 5.

Please return gift and ornament by Friday, December 6.





Malta Department of Parks,
Recreation and Human Services
1 Bayberry Drive
Malta, NY 12020



ECR WSS
POSTAL CUSTOMER

INFLATABLES • OBSTACLE COURSE • FACE PAINTING • BALLOON TWISTING • CARICATURES • REPTILE ADVENTURE •
ROBOTICS & TAE KWON DO DEMONSTRATIONS • FOOD VENDORS • FIRE TRUCKS • HORSE DRAWN WAGON RIDES

FREE!

31st Annual *Malta Community Day*

Saturday, September 7

10:00am-4:00pm

Shenantaha Creek Park

MAIN STAGE EVENTS:

9:30-11:30am Harmonic Duo, music of the '50s, '60s, '70s

10:30am Opening Ceremonies

12:00-2:00pm The McKrells: bluegrass, Celtic, high energy

2:30-4:00pm David Grover: children's song musician

